

Ballarat Region XCR Relay Selection Policy

Context

The four Ballarat senior clubs in the region come together to form a Ballarat Region across the Athletics Victoria XCR season. Members will nominate for a position in a relay team with the region eligible to submit an unlimited number of FULL relay teams within age groups on the day*. The teams will represent the region at the championships.

*Ballarat Region will only be eligible to submit one male and female team in OPEN Premier Division

Eligibility

All Athletes selected MUST

- ☐ Be registered Athletics Victoria members with a Ballarat based club
- ☐ Nominate by the deadline set each year (Deadline defers based on event time)
- ☐ Qualify for the allocated age group by year of birth

Selection of Teams

All athletes must nominate for their allotted age group that they currently compete within the AVSL season. An athlete may also nominate other age groups above their age limit and may be placed in an older age group.

An athlete may be asked to move into a different higher age level. This may be the next age level but may be another higher age.

If more than the number of allotted athletes have nominated from an age group, members may be asked to move into a higher age group to fill other teams if there are gaps. If no gaps are available, the team will be filled by the athletes who have posted the fastest times in that distance over the previous 12 months. Must be an accredited competition such as AVSL, XCR, Championships or Specialist AV meets.

If an athlete chooses to compete in an OPEN grade, the best 4 times recorded in the previous 12 months as outlined above will be accepted into the relay team

Nomination Process

Members must complete the Google Form by the selected closing time to be considered for a spot in a relay team. All members can access the form three weeks prior to the event