

Athletics Ballarat AVSL Timetable

Round 1 - Sat 11th October (Program 1) -

TRACK EVENTS

Draft Time	Event	Grades	Estimated Heats (&Size)
2:00 pm	1500m	Male	2 (16)
2:15 pm	1500m	Female	2 (16)
2:30 pm	100m	Male	4 (8)
2:45 pm	100m	Female	4 (8)
3:00 pm	1500m Walk Lanes (1-3)	ALL	1 (24)
3:00 pm	110m Hurdles	Open / u20 / u18 / 40+ Male	1 (6)
3:10 pm	100m Hurdles	Open/u20/u18 Female & u16/50+/60+ Male	1 (6)
3:20 pm	80m Hurdles (Lanes 4-9)	U14/40+/50+/60+ Female & 70+ Male	1 (6)
	90m Hurdles	U16 Female & u14 Male	1 (6)
3:30 pm	400m	Male	4 (8)
3:45 pm	400m	Female	3 (8)
4:15 pm	4 X100m Relay	All	3 (8)

FIELD EVENTS (Max Numbers per sheet)

Draft Time	Pole Vault	Triple Jump	Shot Put 1A	Shot Put 1B	Javelin
1:30 pm	Sheet 1 1.50m + (18)		Sheet 1 (15) (Controlled 9.5m+/8m+)	Sheet 2 (15)	
2:15 pm		Sheet 1 (15)	Sheet 3 (15)		Sheet 1 (15)
3:00 pm		Sheet 2 (15)	Sheet 4* (15) *Only if SOLD out		Sheet 2 (15) (Controlled 30m+/25m+)
3.45pm		Sheet 3 (15) (Controlled 9.5m/8.5m)			Sheet 3 (15)
4:30pm					Sheet 4* (15) *Only if SOLD out
Max #	18	45	45/60		45/60