

Athletics Ballarat AVSL & AV Calendar

As at 9th September 2025

Date	Event	Time	Venue
OCTOBER 2024			
11th	AVSL Rd 1	1:30 pm - 5pm	Llanberris Reserve, BALLARAT
18th	AVSL Rd 2	1:00pm - 5:00pm	Llanberris Reserve, BALLARAT
25th - 26th	Victorian All Schools Championships W1	All Day	Lakeside, ALBERT PARK
NOVEMBER 2024			
1st - 2nd	Victorian All Schools Championships W2	All Day	Lakeside, ALBERT PARK
8th	AVSL Rd 3	1:30 pm - 5:00pm	Llanberris Reserve, BALLARAT
15th	AVSL Rd 4 - Sponsors Day	1:00pm - 5:00pm	Llanberris Reserve, BALLARAT
22nd	AVSL Rd 5	10:00am - 1:00pm	Llanberris Reserve, BALLARAT
29th	AVSL Rd 6	1:00pm - 5:00pm	Llanberris Reserve, BALLARAT
DECEMBER 2024			
4th - 7th	Australian All Schools Championships	All Day	Lakeside, ALBERT PARK
12th - 13th	Victorian State Relay Championships	All Day	Lakeside, ALBERT PARK
13th	Zatopek:10	Evening (TBC)	Lakeside, ALBERT PARK
JANUARY 2025			
???	AV Combined Event Championships	All Day	????
17th	AVSL Rd 7	1:30 pm - 5pm	Llanberris Reserve, BALLARAT
24th - 26th	Victorian Country Championships	TBC	ALBURY
31st	AVSL Rd 8	5:00pm - 8:00pm	Llanberris Reserve, BALLARAT
FEBRUARY 2025			
13th - 15th	AV State Championships U13-U18 Juniors	All Day	Lakeside, ALBERT PARK
21st	AVSL Rd 9	1:30pm - 5pm	Llanberris Reserve, BALLARAT
28th	AVSL Rd 10 & End of Season Celebration	1:00pm - 5:00pm	Llanberris Reserve, BALLARAT
MARCH 2025			
14th - 15th	Victorian Masters Championships	All Day	???
20th - 22nd	AV State Championships U20, Open & Over Age Categories.	All Day	Lakeside, ALBERT PARK

Athletics Ballarat AVSL Timetable

Round 1 - Sat 11th October (Program 1) -

TRACK EVENTS

Draft Time	Event	Grades	Estimated Heats (&Size)
2:00 pm	1500m	Male	2 (16)
2:15 pm	1500m	Female	2 (16)
2:30 pm	100m	Male	4 (8)
2:45 pm	100m	Female	4 (8)
3:00 pm Lanes (1-3)	1500m Walk 3000m Walk	ALL	1 (24)
3:00 pm	110m Hurdles	Open / u20 / u18 / 40+ Male	1 (6)
3:10 pm	100m Hurdles	Open/u20/u18 Female & u16/50+/60+ Male	1 (6)
3:20 pm (Lanes 4-9)	80m Hurdles 90m Hurdles	U14/40+/50+/60+ Female & 70+ Male U16 Female & u14 Male	1 (6) 1 (6)
3:30 pm	400m	Male	4 (8)
3:45 pm	400m	Female	3 (8)
4:15 pm	4 X100m Relay	All	3 (8)

FIELD EVENTS (Max Numbers per sheet)

Draft Time	Pole Vault	Triple Jump	Shot Put 1A	Shot Put 1B	Javelin
1:30 pm	Sheet 1 1.50m + (18)		Sheet 1 (15) (Controlled 9.5m+/8m+)	Sheet 2 (15)	
2:15 pm		Sheet 1 (15)	Sheet 3 (15)		Sheet 1 (15)
3:00 pm		Sheet 2 (15)	Sheet 4* (15) *Only if SOLD out		Sheet 2 (15) (Controlled 30m+/25m+)
3.45pm		Sheet 3 (15) (Controlled 9.5m/8.5m)			Sheet 3 (15)
4:30pm					Sheet 4* (15) *Only if SOLD out
Max #	18	45	45/60		45/60

Athletics Ballarat AVSL Timetable

Round 2 - Sat 18th October (Program 2) -

TRACK EVENTS

Draft Time	Event	Grades	Estimated Heats (&Size)
2:00 pm	800m	Male	4 (12)
2:15 pm	800m	Female	2 (12)
2:30 pm	400mHurdles	u18/u20/OPEN/40+ Male & Female & 50+ Male	1 (6)
2:40 pm	300m Hurdles	60+/70+ Male & Female & 50+ Female	1 (6)
2:50 pm Lanes (1-3)	200m Hurdles	U14 / u16 Male & Female	1 (6)
3:00 pm	200m	Male	5 (8)
3:15 pm	200m	Female	5 (8)
3:30 pm	3000m	ALL	1
3:50 pm	3000m/5000m	ALL	1

FIELD EVENTS (Max Numbers per sheet)

Draft Time	High Jump	Long Jump	Hammer	Discus
12:45pm			Sheet 1 (15) (Controlled 30m+/25m+)	
1:30pm	Sheet 1 1.01m + (15)	Sheet 1 (15) (Controlled 5m/4.5m)	Sheet 2 (15)	
2:15 pm	Sheet 2 1.26m + (15)	Sheet 2 (15)		Sheet 1 (15) (Controlled 27.5m+/25m+)
3:00 pm	Sheet 3 1.61m + (12)	Sheet 3 (15)		Sheet 2 (15)
3:45 pm		Sheet 4* (15) *Only if SOLD out		Sheet 3 (15)
4:30 pm				Sheet 4* (15) *Only if SOLD out
Max # of Competitors	48	45/60	35	45/60

Athletics Ballarat AVSL Timetable

Round 3 - Sat 8th November (Program 1) -

TRACK EVENTS

Draft Time	Event	Grades	Estimated Heats (&Size)
2:00 pm	1500m	Male	2 (16)
2:15 pm	1500m	Female	2 (16)
2:30 pm	100m	Male	5 (8)
2:45 pm	100m	Female	5 (8)
3:00 pm	3000m Steeple (0.914)	OPEN/U20 Male	1 (24)
3:10 pm	2000/3000m Steeple (0.838)	U18 Male, 40+/50+ Male	1 (24)
3:20pm	2000/3000m Steeple (0.762)	U16/U14 Male, U18/U16/U14/40+/50+ Female OPEN/U20 Female	1 (24)
3:25 pm	110m Hurdles	Open / u20 / u18 / 40+ Male	1 (6)
3:30 pm	100m Hurdles	Open/u20/u18 Female & u16/50+/60+ Male	1 (6)
3:40pm (Lanes 4-9)	80m Hurdles 90m Hurdles	U14/40+/50+/60+ Female & 70+ Male U16 Female & u14 Male	1 (6)
3:50 pm	400m	Male	4 (8)
4:10 pm	400m	Female	3 (8)
4:20 pm	4 x 200m Relays	ALL	3 (8)
4:40 pm	3000m/5000m	All (Non-scoring)	2 (24)

FIELD EVENTS (Max Numbers per sheet)

Draft Time	Pole Vault	Triple Jump	Shot Put 1A	Shot Put 1B	Javelin
1:30 pm	Sheet 1 1.50m + (18)		Sheet 1 (15) (Controlled 9.5m+/8m+)	Sheet 2 (15)	
2:15 pm		Sheet 1 (15)	Sheet 3 (15)		Sheet 1 (15)
3:00 pm		Sheet 2 (15)	Sheet 4* (15) *Only if SOLD out		Sheet 2 (15) (Controlled 30m+/25m+)
3.45pm		Sheet 3 (15) (Controlled 9.5m/8.5m)			Sheet 3 (15)
4:30pm					Sheet 4* (15) *Only if SOLD out

Athletics Ballarat AVSL Timetable

Round 4 - Sat 15th November (Program 2)

TRACK EVENTS

Draft Time	Event	Grades	Estimate Heats (&Size)
2:00 pm	800m	Male	4 (12)
2:15 pm	800m	Female	4 (12)
2:30 pm (Lanes 1-3)	2000m / 5000m Walk		1 (24)
2:30 pm	400m Hurdles	u18/u20/OPEN/40+ Male & Female & 50+ Male	1 (6)
2:40 pm	300m Hurdles	60+/70+ Male & Female & 50+ Female	1 (6)
2:50 pm	200m Hurdles	U14 / u16 Male & Female	1 (6)
3:00 pm	200m	Male	5 (8)
3:15 pm	200m	Female	5 (8)
3:30 pm	3000m	Male/Female	1
3:45 pm	3000m/5000m	Male/Female	1
4:15 pm	4 x 400m Relays	ALL	3 (8)

FIELD EVENTS (Max Numbers per sheet)

Draft Time	High Jump	Long Jump	Hammer	Discus
12:45pm			Sheet 1 (15) (Controlled 30m+/25m+)	
1:30pm	Sheet 1 1.01m + (15)	Sheet 1 (15) (Controlled 5m/4.5m)	Sheet 2 (15)	
2:15 pm	Sheet 2 1.26m + (15)	Sheet 2 (15)		Sheet 1 (15) (Controlled 27.5m+/25m+)
3:00 pm	Sheet 3 1.61m + (12)	Sheet 3 (15)		Sheet 2 (15)
3:45 pm		Sheet 4* (15) *Only if SOLD out		Sheet 3 (15)
4:30 pm				Sheet 4* (15) *Only if SOLD out
Max # of Competitors	42	45/60	35	45/60

Athletics Ballarat AVSL Timetable

Round 5 - Sat 22th November (Program 1) - MORNING

TRACK EVENTS

Draft Time	Event	Grades	Estimated Heats (&Size)
10:00 am (Lanes 1-3)	1500m/3000m Walks	ALL	1 (24)
10:00 am (Lanes 4-9)	110m Hurdles 100m Hurdles	Open / u20 / u18 / 40+ Male Open/u20/u18 Female & u16/50+/60+ Male	1 (6) 1 (6)
10:10 am	90m Hurdles	U16 Female & u14 Male	1 (6)
10:20 am	80m Hurdles	U14/40+/50+/60+ Female & 70+ Male	1 (6)
10:30 am	100m	Male	6 (8)
10:45 am	100m	Female	4 (8)
11:00 am	1500m	Male	3 (16)
11:15 am	1500m	Female	3 (16)
11:30 am	400m	Male	4 (8)
11:45 am	400m	Female	3 (8)
12:00 pm	3000m/5000m	ALL (Non-scoring)	2

FIELD EVENTS (Max Numbers per sheet)

Draft Time	Pole Vault	Triple Jump	Shot Put 1A	Shot Put 1B	Javelin
10:00 am	Sheet 1 1.50m + (18)		Sheet 1 (15) (Controlled 9.5m+/8m+)	Sheet 2 (15)	
10:45 am		Sheet 1 (15)	Sheet 3 (15)		Sheet 1 (15)
11:30 am		Sheet 2 (15)	Sheet 4* (15) *Only if SOLD out		Sheet 2 (15) (Controlled 30m+/25m+)
12.15pm		Sheet 3 (15) (Controlled 9.5m/8.5m)			Sheet 3 (15)
1:00pm					Sheet 4* (15) *Only if SOLD out
Max #	18	45	45/60		45/60

Athletics Ballarat AVSL Timetable

Round 6 - Sat 29th November (Program 2)

TRACK EVENTS

Draft Time	Event	Grades	Estimated Heats (&Size)
2:00 pm	800m	Male	4 (12)
2:15 pm	800m	Female	4 (12)
2:30 pm	400mHurdles 300m Hurdles	u18/u20/OPEN/40+ Male & Female & 50+ Male 60+/70+ Male & Female & 50+ Female	2 (6)
2:40 pm	200m Hurdles	U14 / u16 Male & Female	1 (6)
2:45 pm	200m	Male	6 (8)
3:00 pm	200m	Female	4 (8)
3:15 pm	3000m	ALL	1
3:40 pm	3000m/5000m	ALL	1
4:10 pm	100 yards	All (Non-Scoring)	1 (8)

FIELD EVENTS (Max Numbers per sheet)

Draft Time	High Jump	Long Jump	Hammer	Discus
12:45pm			Sheet 1 (15) (Controlled 30m+/25m+)	
1:30pm	Sheet 1 1.01m + (15)	Sheet 1 (15) (Controlled 5m/4.5m)	Sheet 2 (15)	
2:15 pm	Sheet 2 1.26m + (15)	Sheet 2 (15)		Sheet 1 (15) (Controlled 27.5m+/25m+)
3:00 pm	Sheet 3 1.61m + (12)	Sheet 3 (15)		Sheet 2 (15)
3:45 pm		Sheet 4* (15) *Only if SOLD out		Sheet 3 (15)
4:30 pm				Sheet 4* (15) *Only if SOLD out
Max # of Competitors	42	45/60	35	45/60

Athletics Ballarat AVSL Timetable

Round 7 - Sat 17th January (Program 1)

TRACK EVENTS

Draft Time	Event	Grades	Estimated Heats (&Size)
2:00 pm	1500m	Male	3 (16)
2:15 pm	1500m	Female	3 (16)
2:30 pm	100m	Male	5 (8)
2:45 pm	100m	Female	5 (8)
3:00pm Lanes (1-3)	3000m Steeple (0.914)	OPEN/U20 Male	1 (24)
3:10 pm	2000m Steeple (0.838) 3000m Steeple (0.838)	U18 Male 40+/50+ Male	1 (24)
3:20 pm Lanes (1-3)	2000m Steeple (0.762) 3000m Steeple(0.762)	U16/U14 Male, U18/U16/U14/40+/50+ Female OPEN/U20 Female	1 (24)
3:40 pm	110m Hurdles 100m Hurdles	Open/u20/u18 Female & u16/50+/60+ Male Open / u20 / u18 / 40+ Male	1 (6)
3:35 pm (Lanes 4-9)	90m Hurdles 80m Hurdles	U14/40+/50+/60+ Female & 70+ Male U16 Female & u14 Male	1 (6)
3:50 pm	400m	Male	3 (8)
4:05 pm	400m	Female	3 (8)
4:20 pm	4 X 100m Relay	ALL	2 (8)

FIELD EVENTS (Max Numbers per sheet)

Draft Time	Pole Vault	Triple Jump	Shot Put 1A	Shot Put 1B	Javelin
1:30 pm	Sheet 1 1.50m + (18)		Sheet 1 (15) (Controlled 9.5m+/8m+)	Sheet 2 (15)	
2:15 pm		Sheet 1 (15)	Sheet 3 (15)		Sheet 1 (15)
3:00 pm		Sheet 2 (15)	Sheet 4* (15) *Only if SOLD out		Sheet 2 (15) (Controlled 30m+/25m+)
3.45pm		Sheet 3 (15) (Controlled 9.5m/8.5m)			Sheet 3 (15)
4:30pm					Sheet 4* (15) *Only if SOLD out

Athletics Ballarat AVSL Timetable

Round 8 - Sat 31st January (Program 2) NIGHT Mental Health Awareness Round

TRACK EVENTS

Draft Time	Event	Grades	Estimate Heats (&Size)
4:30 pm	800m	Male	6 (12)
4:45 pm	800m	Female	4 (12)
5:00 pm (Lanes 1-3)	1500m / 3000m Walk	ALL	1 (24)
5:00 pm (Lanes 4-10)	400m Hurdles	u18/u20/OPEN/40+ Male & Female & 50+ Male	1 (6)
5:10 pm (Lanes 4-10)	300m Hurdles	60+/70+ Male & Female & 50+ Female	1 (6)
5:20 pm	200m Hurdles	U14 / u16 Male & Female	1 (6)
5:30 pm	200m	Male	6 (8)
5:45 pm	200m	Female	4 (8)
6:00 pm	3000m	ALL	1
6:20 pm	3000m/5000m	ALL	1
6:45 pm	BRAC GIFT	All (Non-Scoring)	3 (8)

FIELD EVENTS (Max Numbers per sheet)

Draft Time	High Jump	Long Jump	Hammer	Discus
3:00pm			Sheet 1 (15) (Controlled 30m+/25m+)	
3:45pm	Sheet 1 1.01m + (15)	Sheet 1 (15) (Controlled 5m/4.5m)	Sheet 2 (15)	
4:30 pm	Sheet 2 1.26m + (15)	Sheet 2 (15)		Sheet 1 (15) (Controlled 27.5m+/25m+)
5:15 pm	Sheet 3 1.61m + (12)	Sheet 3 (15)		Sheet 2 (15)
6:00 pm		Sheet 4* (15) *Only if SOLD out		Sheet 3 (15)
6:45 pm				Sheet 4* (15) *Only if SOLD out
Max # of Competitors	42	45/60	35	45/60

Athletics Ballarat AVSL Timetable

Round 9 - Sat 21st February (Program 1) -

TRACK EVENTS

Draft Time	Event	Grades	Estimated Heats (&Size)
2:00 pm	1500m	Male	3 (16)
2:15 pm	1500m	Female	3 (16)
2:30 pm	100m	Male	6 (8)
2:45 pm	100m	Female	5 (8)
3:00 pm	2000m/5000m Walk	ALL	1 (24)
3:00 pm (Lanes 4-9)	110m Hurdles 100m Hurdles	Open / u20 / u18 / 40+ Male Open/u20/u18 Female & u16/50+/60+ Male	2 (6) 2 (6)
3:10pm	90m Hurdles	U16 Female & u14 Male	1 (6)
3:20pm	80m Hurdles	U14/40+/50+/60+ Female & 70+ Male	1 (6)
3:30 pm	400m	Male	5 (8)
3:45 pm	400m	Female	4 (8)
4:15 pm	4x100m Relay	All	3 (8)

FIELD EVENTS (Max Numbers per sheet)

Draft Time	Pole Vault	Triple Jump	Shot Put 1A	Shot Put 1B	Javelin
1:30 pm	Sheet 1 1.50m + (18)		Sheet 1 (15) (Controlled 9.5m+/8m+)	Sheet 2 (15)	
2:15 pm		Sheet 1 (15)	Sheet 3 (15)		Sheet 1 (15)
3:00 pm		Sheet 2 (15)	Sheet 4* (15) *Only if SOLD out		Sheet 2 (15) (Controlled 30m+/25m+)
3.45pm		Sheet 3 (15) (Controlled 9.5m/8.5m)			Sheet 3 (15)
4:30pm					Sheet 4* (15) *Only if SOLD out
Max #	18	45	45/60		45/60

Athletics Ballarat AVSL Timetable

Round 10 - Sat 28th February (Program 2)

TRACK EVENTS

Draft Time	Event	Grades	Estimate Heats (&Size)
2:00 pm	800m	Male	4 (12)
2:15 pm	800m	Female	4 (12)
2:30 pm	400mHurdles	u18/u20/OPEN/40+ Male & Female & 50+ Male	1 (6)
2:40 pm	300m Hurdles	60+/70+ Male & Female & 50+ Female	1 (6)
2:50 pm	200m Hurdles	U14 / u16 Male & Female	1 (6)
3:00 pm	200m	Male	4 (8)
3:15 pm	200m	Female	4 (8)
3:30 pm	3000m	ALL	1
3:45 pm	3000m/5000m	ALL	1
4:15 pm	4 x 400m Relays	ALL	3 (8)

FIELD EVENTS (Max Numbers per sheet)

Draft Time	High Jump	Long Jump	Hammer	Discus
12:45pm			Sheet 1 (15) (Controlled 30m+/25m+)	
1:30pm	Sheet 1 1.01m + (15)	Sheet 1 (15) (Controlled 5m/4.5m)	Sheet 2 (15)	
2:15 pm	Sheet 2 1.26m + (15)	Sheet 2 (15)		Sheet 1 (15) (Controlled 27.5m+/25m+)
3:00 pm	Sheet 3 1.61m + (12)	Sheet 3 (15)		Sheet 2 (15)
3:45 pm		Sheet 4* (15) *Only if SOLD out		Sheet 3 (15)
4:30 pm				Sheet 4* (15) *Only if SOLD out
Max # of Competitors	42	45/60	35	45/60