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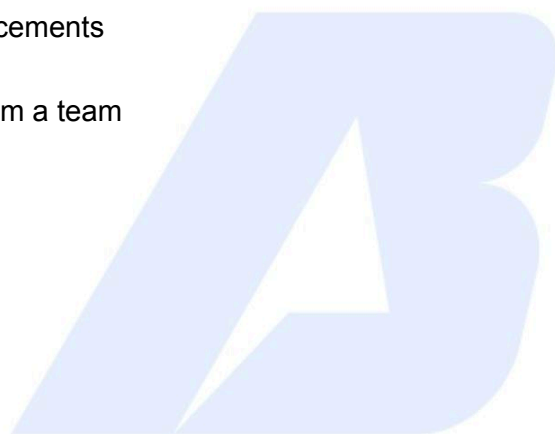
Athletics Ballarat

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ATHLETICS
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INTRODUCTION

1. Governing Bodies

The Athletics Ballarat Track & Field season is governed by Athletics Victoria with the body managing and enforcing the rules. Athletics Ballarat can provide guidance to Athletics Victoria and coordinate their own athletics events in partnership. All bodies take guidance from World Athletics in the development of courses, events and scoring system for the season.

1.1. Scope of Competition Rules

These rules and regulations apply only to events listed below, and do not refer to club run events, or other events run by Athletics Victoria or other peak bodies.

1.1.1. Athletics Ballarat Affiliated CLUB EVENTS (Calendar)

Rules and regulations regarding competitions delivered by Athletics Ballarat affiliated clubs refer to the following events.

The events will be subject to their own rules and regulation regulated by the affiliated clubs. For more information on these events, head to the the clubs website

Event	Date (2025/26)	Location
Ballarat Little Athletics Events	Various TBC	Llanberris Reserve, Ballarat East
Ballarat YCW Harriers Juniors	Various TBC	Llanberris Reserve, Ballarat East
Wendouree Athletics Club Juniors	Various TBC	CE Brown Reserve, Wendouree

1.1.2. AVSL EVENTS

Event	Date (2024)	Location
AVSL RD 1	11th October	Llanberris Reserve
AVSL Rd 2	18th October	Llanberris Reserve
AVSL Rd 3	8th November	Llanberris Reserve
AVSL Rd 4	15th November	Llanberris Reserve
AVSL Rd 5	22nd November	Llanberris Reserve
AVSL Rd 6	29th November	Llanberris Reserve
AVSL Rd 7	17th January	Llanberris Reserve
AVSL Rd 8	31st January	Llanberris Reserve
RESERVE ROUND*	8th February	
AVSL Rd 9	21st February	Llanberris Reserve
AVSL Rd 10	28th February	Llanberris Reserve

Information on AVSL events can be found here ([Insert Link](#))

*Reserve Round only in effect if a previous round has been cancelled

2. Appointed Roles & Contact Details

Should you wish to make contact with a Athletics Ballarat representative in regard to any matters within these competition rules please utilise the following contact details.

Athletics Ballarat Event Days			
Come & Try Day & Schools challenge	Ashley Anderson	admin@bracballarat.com.au	03 5332 1214
	Entries, Registration, School Liaison		
Athletics Ballarat Affiliated Club Event			
Ballarat Little Athletics	Dean Oliver	ballarat@lavic.com.au	TBC
	Entries, registration & uniform		
Ballarat YCW Harriers Juniors	Marita Rieniets	ballaratycw@gmail.com	TBC
	Entries, registration & uniform		
Wendouree Athletics	Michelle Hawkes	wendoureeathletics@gmail.com.au	TBC
	Entries, registration & uniform		
Athletics Victoria AVSL Season			
Athletics Victoria Competition Manager	Sports Delivery	sportdelivery@athsvic.org.au	TBC
	For matters relating to AVSL rules and regulations, results and general		
Athletics Victoria Liaison (AB)	Ashley Anderson	admin@bracballarat.com.au	03 5332 1214
Athletics Ballarat - Admin	Michelle Hawkes	athleticsballaratcompetitions@gmail.com	TBC
	For all mater relating to entry into Ballarat AVSL, relay selection or local queries		
Chief Referee	Steve McLennan	admin@bracballarat.com.au	TBC

	For all matters of officiating on day of competition
--	--

3. Glossary

AV	Athletics Victoria
AVSL	Athletics Victoria Shield League
AB	Athletics Ballarat
BHA	Ballarat Harriers Athletic Club
BYC	Ballarat YCW Athletic Club
EKA	Eureka Athletic Club
T&F	Track and Field
WEN	Wendouree Athletic Club

ATHLETICS
BALLARAT

SECTION B

SEASON AWARDS

4. Competition Categories

4.1. Age Categories (Athletics Victoria)

Age Group	Age Determination
Open Competition	Your age on 31 st December 2025
Junior Competitions - u14 - u16 - u18 - u20	
40+ Competition 50+ Competition 60+ Competition	

4.2. Club Grading

In each round of the AVSL season, athletes earn points based on the Athletics Victoria scoring table through ResultsHub. These points are allocated to their club based on their age category. For Athletics Ballarat awards, the clubs total for each age category is taken from the total number of points in each category regardless of number of athletes.

All clubs regardless of Athletics Victoria division allocation are granted equal standings for the Athletics Ballarat awards. All age groups listed above across both Male and Female are awarded.

A combined award is presented to the club with the most combined score across all categories

4.3 Non-AVSL Events

All non-AVSL events run by individual clubs such as Ballarat Little Athletics, Ballarat YCW Harriers and Wendouree Athletics club will have their own awards criteria and responsibilities. Please refer to the individual competition manager for more information

5. Point Scoring

5.1. Eligibility

All athletes **MUST** have an Athletics Victoria Base Membership at minimum* to be eligible for awards, points and ladder positions during the season.

All scoring is awarded through the Athletics Victoria scoring system and points are taken from the official Athletics Victoria ResultsHub system on a Tuesday following each event.

5.2. End of Season Awards

Athletics Ballarat will hold an awards presentation every year following the end of the season, where the following awards will be presented:

Award	Criteria
Athletics Ballarat OPEN Champions	Awarded to the Male and Females athlete who accrue the most aggregate points through the AVSL season based on the Athletics Victoria scoring system within the Open Age Category.
Athletics Ballarat Age Champions	Awarded to the Male and Females athlete who accrue the most aggregate points through the AVSL season based on the Athletics Victoria scoring system within the Open Age Category. • Juniors - u14,u16,u18,u20 • Masters - 40+, 50+, 60+
Athletics Ballarat Club Premierships	Award to the club who accrue the most aggregate points (as calculated in section 5.4) across the following categories: • Juniors - u14,u16,u18,u20 • Open • Masters - 40+, 50+, 60+ • Combined - Male, Female, Total
Sandra Griffin Trophy	Awarded to the female individual who has achieved the greatest success over the 2025/26 AVSL summer season. Award can be provided for one individual act of brilliance at an event or an accumulation of achievement through a season.

	Each club can nominate one individual for the award with the AVSL/XCR Committee (Or the Awards sub-Committee) to select the winner from the nomination
Paul Schnyder Trophy	Awarded to the male individual who has achieved the greatest success over the 2025/26 AVSL summer season. Award can be provided for one individual act of brilliance at an event or an accumulation of achievement through a season. Each club can nominate one individual for the award with the AVSL/XCR Committee (Or the Awards sub-Committee) to select the winner from the nomination

Upon the recommendation of the Athletics Ballarat AVSL/XCR Committee, Athletics Ballarat Board will approve and publish the criteria for individual awards each year prior to the start of the season.

5.3. Scoring of Individual Awards

All athletes who have an Athletics Victoria Base Membership or higher are eligible for awards based on individual scoring. The champion athlete award for both men and women will be determined from the highest aggregate points based on Athletics Victoria scoring system. Athletes can score points for their clubs regardless of which venue they compete at for AVSL.

Athletes can score within 3 events and a relay across the AVSL rounds with total score after all 10 rounds are completely used to determine individual awards.

The Age Aggregate Champion will be acknowledged as the member who has achieved the most AVSL points across the entire AVSL season. The athlete with the highest points total in the category will win the award

5.4. Scoring of Club Premierships Awards

5.4.1. AVSL Club Premierships - Age Champions

Points will be allocated to Club premierships based upon the finishing order of the clubs point scoring within that age category or division.

For each age category, the total collection of points from all athletes within the division count towards a club's total. Athletes can only contribute towards one age group category unless they are in a relay team.

The club with the highest total points total per round will be awarded 4 points on the ladder, while the 2nd highest point scoring club will earn 3 points and so on. If a club has no points in a particular age category, they are awarded 0 points

	Ballarat Harriers	Ballarat YCW	Eureka Aths	Wendouree Aths
AVSL R1 Points	4267	5432	2675	7643
Ladder Points	2 Points	3 Points	1 Point	4 Points

For each of the 10 rounds of the AVSL season, clubs will earn points with the highest ladder score at the end of the season awarded the club premiership. The award will go to the highest scoring club based on LADDER points as per table above

5.4.2. AVSL Club Premierships - OPEN COMBINED

For club premiership in the OPEN Female, OPEN Male and OPEN Combined categories, the total score of all athletes who competed for the club in that round will count for points.

5.5. Point Scoring Queries and Disputes

AV Events

Any query or disputes on placings or point scoring relating to direct actions occurring at the event, must be addressed on the day in accordance with any relevant Athletics Victoria competition regulations.

Any query or dispute resulting from actions after the event - EG Once results are published, must be directed to the Athletics Ballarat Competition Manager - Ashley Anderson via email, and be sent from an endorsed club email address. No Individual disputes will be considered.

Please note: Athletics Ballarat will only calculate results upon the published Athletics Victoria results. Should there be any errors with these results, the club must provide clear and indisputable evidence to support overturning such errors. AV results will only be modified at the approval of the Athletics Ballarat Board.

Any unresolved or unsatisfactory disputes shall be referred to the BRAC board within 7 days of the completed competition, and shall be dealt with according to existing BRAC dispute policies.

Athletics Ballarat scoring queries

Any query or disputes on placings or point scoring relating to direct actions occurring at the event, must be addressed on the day of the event through the chief referee. See rule 7.5 - Protests.

Any query or dispute resulting from actions after the event - EG Once results are published, must be directed to the Athletics Ballarat Competition Manager - Ashley Anderson via email, and be sent from an endorsed club email address. No Individual disputes will be considered



SECTION C

AVSL Ballarat

Section C refers exclusively to the following events. These rules only apply to AVSL events run in Ballarat exclusively (Club obligation may extend to another venue if registration numbers are reached, this will be conducted by Athletics Victoria staff)

Event	Date	Location
AVSL RD 1	11th October	Llanberris Reserve
AVSL Rd 2	18th October	Llanberris Reserve
AVSL Rd 3	8th November	Llanberris Reserve
AVSL Rd 4	15th November	Llanberris Reserve
AVSL Rd 5	22nd November	Llanberris Reserve
AVSL Rd 6	29th November	Llanberris Reserve
AVSL Rd 7	17th January	Llanberris Reserve
AVSL Rd 8	31st January	Llanberris Reserve
RESERVE ROUND*	8th February	
AVSL Rd 9	21st February	Llanberris Reserve
AVSL Rd 10	22nd February	Llanberris

6. Athletics Ballarat Obligations

6.1. Officials

Officials will be appointed by Athletics Ballarat from a list of Athletics Victoria accredited officials and those with local knowledge.

6.2. Venue

Track surface will be inspected and accepted prior to each round on AVSL at Llanberris reserve

7. Entries

7.1. Individual Entries (Non Relay)

Members

All Athletics Victoria registered members must enter via the RevSport entry system located through the Athletics Victoria website. Members must register prior to 11:59am Wednesday the week of each AVSL round to be eligible to compete. Entries will be made available 14 days prior to the event on the RevSport entry system

Members must include all information including their name, club, AV bib number and events entered for each round of the season. Members are only eligible for enter 4 events plus a relay each round of AVSL

All members must ensure they bring their Athletics Victoria bib numbers to the competitions, temporary paper bibs will be available on the day

[Athletics Victoria RevSport Entry system](#)

Invitational Entries

Athletes who are not registered with a club or are registered as a category BELOW Base Memberships will be eligible to compete by invitation. Athletes by invitation will not be allocated to a clubs and won't be eligible for individual awards

An invitational athletes must enter via the RevSport entry system and fill out an invitational entry form

7.2. Relay Events

Clubs MUST submit their relays teams to the event administration at least 30 minutes prior to the start of the allotted race time.

Club may enter any number of relay teams they like for an event, all members must be Athletics Victoria members and eligible to score points for it to count towards the Athletics Victoria scoring system.

7.2.1. Relay Teams

Incomplete Teams

Incomplete teams may compete on the day but won't be eligible for any points or awards

Please note, a team that has an invitational athlete in their team will not be eligible for points and the whole team result will be invitational.

7.3. Fees

7.3.1. Ballarat AVSL Season Entry

Athletes who purchase a Ballarat AVSL Package are eligible to compete in any round of AVSL at Ballarat and will be eligible for points within their club.

The Ballarat AVSL package ONLY gives you entry into AVSL competitions at Ballarat, athletes who attend another venue will encounter fees.

ALL Members must have either an Athletics Victoria Base Membership* or XCR Package to be eligible for a Ballarat package

*Including DUAL membership

Members with an Athletics Victoria AVSL Package or a Max Package will receive free entry to AVSL event without having to purchase a package

Ballarat AVSL Package - Junior	\$60
Ballarat AVSL Package - Senior	\$75

Ballarat AVSL packages can be purchased on the Athletics Ballarat website [here](#) or can be purchased on the day of the event at the admin tent. Once paid, the member has free entry but will still need to enter each round individually.

If a member pays for 4 rounds (Junior) or 5 rounds (Senior) of AVSL as an individual entry in Ballarat totalling the total amount of the package over the number of weeks, the athlete will be automatically given a Ballarat AVSL package.

7.3.2. Ballarat AVSL Individual Entry

Members are eligible to pay per AVSL round. This can be paid online at the time of registration or at the admin tent of day of competition. Once a member has paid for the round, they are eligible to compete within the round of competition.

Ballarat Individual Entry - Junior & Senior	\$15
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7.3.3. Invitational Entry

Entries that are not registered with an Athletics Victoria club may enter as an invitational athlete, these athletes must enter via the form and pay either prior to or on the day of competition.

Ballarat Invitational Entry - Junior & Senior	\$15
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8. Club Obligations

8.1. Event Promotion

Each club is encouraged to actively promote each event across their preferred communication channels in a timely manner.

8.2. Team Managers

Each club must nominate a team manager for each round of the AVSL season, no later than 24 hours prior to the event. This person will be the primary contact for all on the day correspondence and communication.

8.3. Club Helpers

Clubs will be required to supply club helpers in line with the events as outlined by Athletics Ballarat and Athletics Victoria. Club helpers must complete their duty and sign in at the administration marquee at events.

Existing Athletics Victoria officials who are operating on the day of competitions and affiliated with a club may be counted towards a clubs total.

Club helper requirements will be determined by the Athletics Ballarat Board under advisement of the Operations & Event Committee prior to each season/events.

Specific details on helper requirements will be sent to the club the week prior to the event.

2025/26 Helper Requirements as Follows.

Event	BHA	EKA	WEN	YCW
AVSL Rounds (Track & Field)	As per officials roster	As per officials roster	As per officials roster	As per officials roster

8.4. Non-Compliance to Club Obligations

Failure to meet any of the club obligations noted above will result in administration not awarded the 10% bonus points under the Athletics Victoria competition rules. Continued failure to meet club obligations will require a meeting with Athletics Ballarat board.

Determination of whether club obligations were met sufficiently will be at the discretion of the chief referee.

Any disputes regarding the compliance of the obligations must be directed to the Ballarat Regional Athletics Board, within 7 days of the event completion.

9. Athlete Information

9.1. Event Check in

Athletes are required to check in via the online ResultsHub Check-in system at least 60 minutes prior to the start of the event. If an athlete is having trouble with check-in they must speak with admin prior to the closing time.

9.2. Schedule/Timetable

The schedule for the 10 rounds of AVSL competitions will be created by Athletics Ballarat in partnership with Athletics Victoria. All number of scoring events on the timetable will be at the discretion of Athletics Victoria.

The Events & Competition committee will create the schedule which will be accepted by Athletics Victoria prior to the start of the Track & field season.

9.3. Event Rules

Athletics Ballarat will follow all Athletics Victoria AVSL event rules as outlined in the rules documents [here](#)

Additional rules will be listed below

9.3.1. Controlled Sheets

Athletics Ballarat as part of their schedule development have the right to include a controlled sheet for all throws and jumps events. A controlled sheet will have a set limit that an athlete must have reached in a previous competition to be eligible to enter this sheet. Only athletes who have reached the set limit are eligible to enter and compete on a controlled sheet

The limits set for control sheets will be at the discretion of the AVSL Committee and may be edited during the season if deemed reasonable.

If an athlete enters a controlled sheet but doesn't have the required limit as a result, every effort will be made to allocate them to a new competition sheet within the same event

9.4. Uniform

Athletes **MUST** wear their Club Uniform as endorsed by Athletics Victoria at all AVSL competitions with their Athletics Victoria bibs attached

Athletes who do not have bibs must report to the administration marquee pre-event to obtain a temporary one.

New members of a club may be given a grace period for their first event if they don't have a uniform available. The athlete must then wear a plain black or white shirt and must still wear an Athletics Victoria Bib (Permanent or Temporary). The club must notify administration prior to the race.

9.5. Protests

Any protest may be made verbally or in writing within 15 minutes of the athlete finishing their event.

All protests must be made to the chief referee.

Protests may only be made directly by the athlete or the club team manager nominated for that event.

The referee should consider all available evidence that the referee thinks is necessary.

SECTION D (A)

ATHLETICS VICTORIA CHAMPIONSHIPS

Section D refers exclusively to the following events.

Event	Date (2024)	Location
Victorian All Schools Championships	25th - 26th October 1st-2nd November 2025	Lakeside Stadium
5000m Championship	20th November 2025	Lakeside Stadium, Albert Park
AV Track & Field Relay Championship	12th -14th December 2025	Lakeside Stadium, Albert Park
Zatopek:10	13th Dec 2025	Lakeside Stadium, Albert Park
Athletics Victoria Combined Championship	10th-11th January 2026	TBC
Athletics Victoria Country Championships	24th - 26th January 2026	Albury
Athletics Victoria State Championships	13th - 15th February 2026	Lakeside Stadium, Albert Park
Athletics Victoria State Championships	20th - 22nd March 2026	TBC

A link to the full set of Athletics Victoria events can be found [here](#)

10. Club Representation

Athletes who compete at Athletics Victoria Championships will represent their club* at the event. The athlete will be bound by the Athletics Victoria rules and regulations for that particular event

*Athletes represent their club at all championships apart from the Victorian All Schools and Victorian Track & Field Relay Championships

10.1.1. Victorian All Schools Championships

Athletes competing at Victorian All Schools will represent their school at the event but may list their home club as an interested party. The athlete can enter either individually or can be placed in a school team by their associated school.

10.1.2. Victorian Track & Field Championships

For relay entries into this event, the Ballarat Region competes as a full region with all four senior clubs providing athletes for relay teams. Any members from the four clubs are eligible to enter a relay team and compete as a Ballarat Region Team Member.

All entry and selection information can be found in ****

11. Uniforms

All athletes must wear their club uniform at all Athletics Victoria events excluding the Victorian All Schools and Victorian Track & Field Relay events.

Ballarat Region members are required to wear an Athletics Ballarat singlet while competing in an Athletics Victorian Track & Field Relay Championships.

More information on uniforms can be found on the [Athletics Ballarat website](#)

Or to purchase uniforms, you can email admin at info@athleticsballarat.com.au

12. Entries

12.1. Individual AV Championship

Club Members

All entries for Athletics Victoria Championship events must be completed via the [Athletics Victoria](#) website. When entering the Athletics Victoria website, click the event entry button along the top banner and log in using your membership details.

Once logged into the portal, you can enter the individual events. By entering as an individual, you are linked to your club and will then compete as a member of your club

All events will have an entry close time and Athletics Victoria will only accept entries until this time

12.2. Victorian Track & Field Relay Championships

For this event, entries are submitted by the Ballarat Region management team to Athletics Victoria prior to the event. To be placed in a relay team, you must fill out the below form and express your interest to join a Ballarat Region relay team

Expression of Interest Form - Victorian T&F Relay Championships (TBC)

12.3. Fees

12.3.1. Individual Championship Entry

Event entry fees to Athletics Victoria event are set by the state body and will be released prior to the event. Entry into the Victorian T&F Championships is completed and paid for by the Ballarat Region, clubs or members may be required to contribute a fee

A full summary of all Athletics Victoria fees can be found on the Athletics Victoria website [here](#)

12.3.2. Victorian All Schools Championships

Certain schools will pay the entry fee for their athletes upon registration, other athletes may need to enter as an individually and pay as such. If you are interested in competing at the Victorian All School Championships, we encourage you to speak with your school

12.4. Club Helpers

Clubs will be required to supply club helpers for certain Athletics Victoria Championships events as per the Athletics Victoria system. Based on the number of entries a club has, they may be allocated club helper positions throughout the event

Athletics Victoria will contact club admins prior to the event with timetable of club helper duties

13. Athlete Information

All athlete information for championships level event can be found on the events page of Athletics Victoria [here](#)

All questions relating to championships rules, regulations and entries should be directed to Athletics Victoria

14. Victorian Track & Field Relay Championships

14.1. Athletics Ballarat Representation & Eligibility

As outlined in rule 10.1.2, athletes from the four Ballarat based clubs enter the Victorian Track & Field Championship events as representatives of the Ballarat Region.

To be eligible to represent Athletics Ballarat all athletes MUST

- Be registered Athletics Victoria member (min Base Membership) with a Ballarat based club
- Nominate by the close of nominations.
- Qualify for the allocated age group by year of birth
- Be in good standing with Athletics Ballarat and Athletics Victoria.

14.2. Teams

Athletics Ballarat will be permitted by Athletics Victoria to submit any amount of teams they can provide during the championships. If more than one team is submitted per age group, Athletics Ballarat will list an A team and a B team using each letter of the alphabet.

Athletics Victoria Events

Events	Number of Athletes	Age Category
4 X 100m	4	M/F U14, U16, U18, OPEN, 40+, 50+
4 X 400m	4	M/F U14, U16, U18, OPEN, 40+, 50+
4 X 800m	4	M/F U18, OPEN
4 X 1500m	4	M/F OPEN, 40+, 50+
Medley Relay	4	M/F U16, U18, OPEN

14.3. Nomination

Members wishing to be selected within the Ballarat Region team, must express interest via the linked nomination Forms below at least 7 days prior to competition

[Nomination Form Link \(TBC\)](#)

Athletes who nominate will automatically be nominated for their designated age group.

Should an athlete also wish to also be considered for teams in other age groups, or open categories they can notify of this preference through the nomination process.

Nominations received after the closing date will not be accepted unless an athlete has been requested to nominate by Athletics Ballarat or its delegated representative/s under the following circumstances:

- Insufficient nominations were received and further athletes are required to fill a team allowing more athletes to participate.
- An athlete has withdrawn after nominations have closed and further athletes are required to fill a team allowing more athletes to participate.
- An athlete has withdrawn after entries were submitted requiring a replacement athlete to allow the team to compete.

The acceptance of late nominations is at the discretion of the relay committee.

14.4. Team Selection

All Athletics Ballarat relay team team selection will be based upon the following guiding principles:

- Maximize the likelihood of success within the highest category of competition across each gender.
- Allow the greatest number of athletes to participate,
- Establish a sense of team and unity that represents the region with pride.

Team selection will be overseen by the AVSL/XCR Committee

Best Open Teams

To allow Athletics Ballarat to select their most competitive Open teams in each gender's team, Junior or Masters athletes will be eligible to represent Ballarat Region in Open relay teams should their performances warrant their selection. If selected to represent Athletics Ballarat in an open grade, Junior and Master athletes will not be eligible to compete in their own age category relay team.

Where Junior or Master athletes are not selected for the premium division teams, they will only be considered for other open divisions if all teams within their eligible age categories are filled.

Multiple Teams Per Age Group

In the instance where more than the number of nominations received for an age group exceeds the available athletes allowed per team, Athletics Ballarat may select multiple teams in that age

group and select athletes to form “A”, “B”, “C” teams etc. The selection of these teams will be at the discretion of the AVSL/XCR committee and will consider the objectives outlined above.

Competitive Selection

In determining which team members are selected to represent each division team, and age group A,B,C teams, the AVSL/XCR committee will utilize a ranking system using times posted by the athlete of similar distances over the previous 12 month period. Times must have been achieved in an accredited competition such as AVSL, XCR, Championships or Specialist AV meets.

If the AVSL/XCR committee are unable to establish times achieved at a certain distance for an athlete, yet are of the belief that the athlete in question deserves a place on the team based upon expected performance, they must request approval of selection from the Athletics Ballarat board outlining their justification.

Age Progression

Where there are vacancies within teams, athletes may be requested to compete in an alternate age group for which they are eligible. If an age progression occurs, athletes will be age-progressed to the nearest age category with a vacancy, so long as it is appropriate to do so.

14.5. Team Announcements

DRAFT Relay teams will be shared no later than 6 days prior to the event to allow for any gaps to be filled prior to entries needing to be submitted on the Monday prior to the event.

Final Teams will be announced on the Wednesday prior to Event and shared on the Athletics Ballarat social media channels.

14.6. Team Travel

Athletes will need to find their own way to the event however car pooling will be encouraged and Athletics Ballarat will appoint designated drivers to each event to ensure all athletes have a way of getting to and from safely.

Designated Drivers for each event will be shared by the athletics Ballarat team manager upon the announcement teams prior to the event

14.7. Withdrawal from a team

Should an athlete withdraw from a team without sufficient reason (ie injury or personal reasons) it may effect their opportunity to be selected for future teams .

15. FAQs

Can I enter on the day for AVSL Events?

No, for all AVSL events athletes must enter prior to the Thursday 8pm the week of the event. No on the day entries will be accepted.

What if I don't have a club uniform yet?

Clubs will do everything they can to provide you with a uniform if you are a newly registered member but sometimes they need to be ordered. If you are new runner and don't yet have a club uniform, you may wear a plain black or white running gear with your new BRAC tags which will be provided on the day

VERSION CONTROL

Version	Change Summary	Date Modified	Approved By	Published Date
Version 1	New Document	10th July 2024		
Version 2	Update for 2025/26 Season	4th September 2025		

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