FACT SHEET

NEW ATHLETICS FACILITY

ATHLETICS BALLARAT

New Athletics Facility: Information for Coaches

Our new home on the corner of Howitt Street and Creswick Road, Wendouree has been designed with athletes and coaches in mind. This fact sheet shows you where to find each athletics area within the facility and covers the key information you need to plan your sessions, from training times and entry to coaches storage cages and amenities.

QUICK FACTS

- **Exclusive training times** are set for **Monday to Thursday 3.30pm to 7pm;** and **Sunday 9.00am to 12.00pm**
- Entry is by an **electronic fob key**
- **Coaches storage cages** are located in the equipment shed and are **available to hire**
- Coaches using the facility during exclusive training nights must be **accredited** through Australian Athletics
- **Athlete change rooms and amenities** are available during training times
- The facility includes a **9 lane track** with 10 lane **front and back** straights, plus dedicated athletics discipline areas

TRAINING TIMES

Exclusive training times are set for **Monday to Thursday 3.30pm to 7pm;** and **Sunday 9.00am to 12.00pm** for Australian Athletics accredited coaches and their squads or individual athletes registered with an Athletics Victoria accredited club. Standard access fees will apply.

Coaches are responsible for booking their athletes. To register and book your regular training session during this time please email info@athleticsballarat.com.au.

GETTING IN: FOB ENTRY

Entry to the facility is through an **electronic fob key system**. Please keep your fob with you and do not share it, so we can keep the facility safe and secure for every athlete.

INDUCTION & FACILITY ETIQUETTE

An **Induction Checklist and Facility Etiquette** acknowledgement is required to be completed prior to booking and issue of fob. **Compliance** with facilty etiquette is required in order to retain a regular booking and fob access.

Email info@athleticsballarat.com.au to arrange your Induction & fob.

COACHES STORAGE CAGES

Eight **coaches storage cages** are located within the **equipment shed** and are **available to hire** for $100 per annum. They give you a secure spot to store your gear close to your training area.

Email info@athleticsballarat.com.au to enquire or secure your storage cage.

COACH ACCREDITATION

Coaches who wish to use the facility during exclusive training nights **must be accredited**. Please check the requirements and get started through Australian Athletics.

Proof of accreditation required prior to the issue of fob and coaches induction.

CHANGE ROOMS & AMENITIES

Athlete **change rooms and amenities** are available **during training times**.

Change rooms, toilets and amenities (including accessible facilities) are availble within the main pavillion.

ATHLETE WARM-UP AREA

The athlete warm up area is located at the grassed area along the White Avenue boundary (see Athlete Fact Sheet - No. 4).

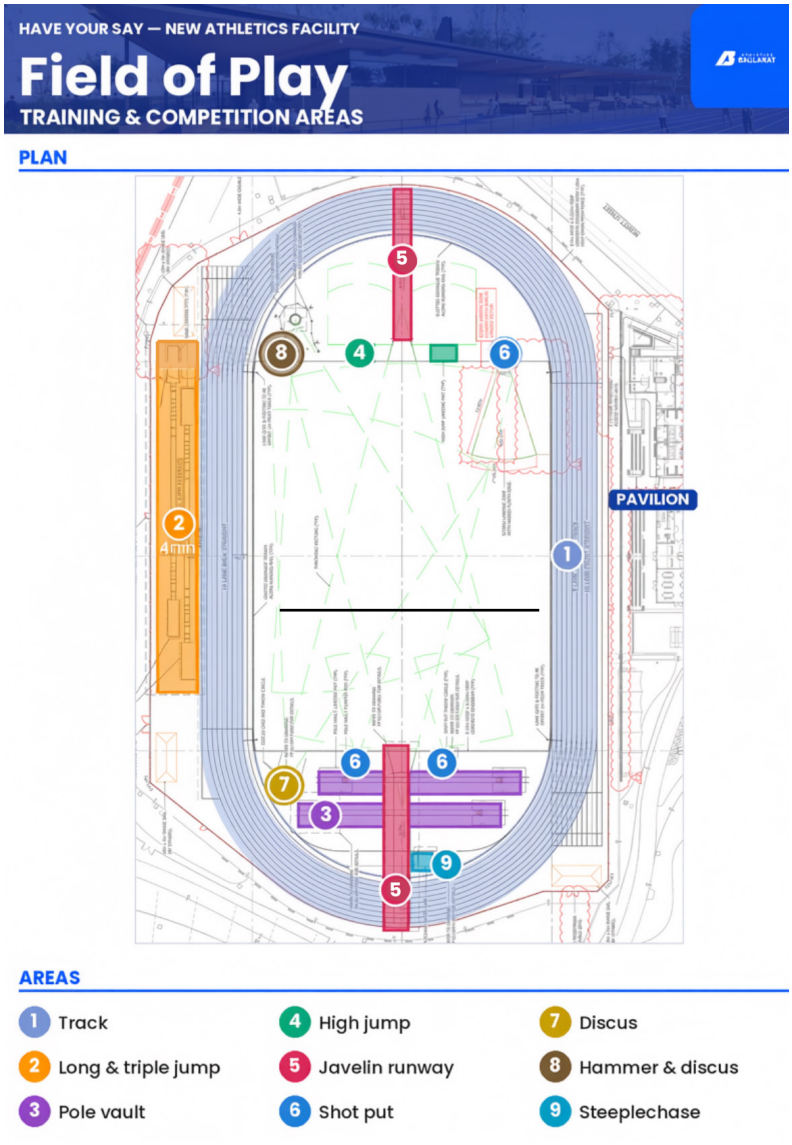
FACT SHEET

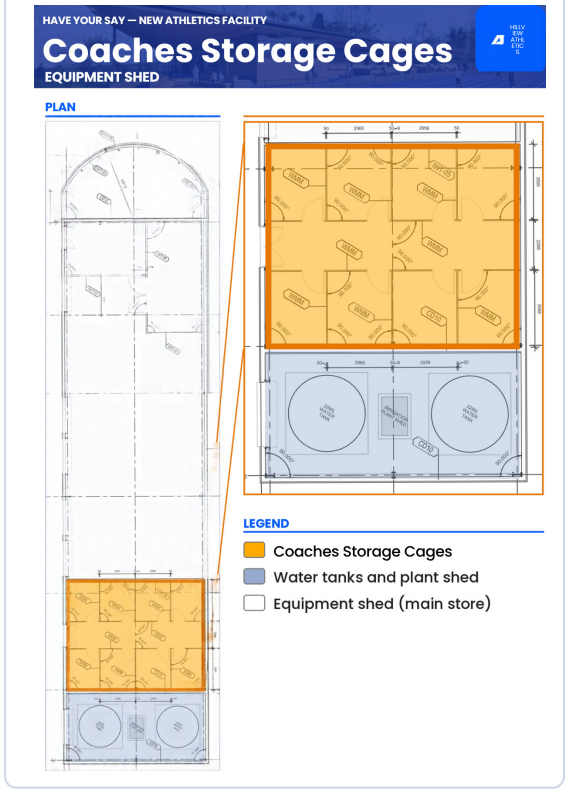
HAVE YOUR SAY — NO. 3: COACHES — CONTINUED

ATHLETICS BALLARAT

TRAINING AREAS AT A GLANCE

AREA	DETAILS	WHERE
Track	9 lane athletics track with 10 lane front and back straights, steeplechase water jump and hurdles	1
Long & triple jump	Runways with 4 sand landing pits	2
Pole vault	4 pole vault pits, 2 landing mats and adjustable stands	3
High jump	2 high jump landing mats	4
Javelin	Javelin landing sector	5
Shot put	3 throwing circles	6
Discus & hammer	1 discus cage plus 1 combined discus and hammer cage	7 & 8
Steeplechase	Steeplechase water jump	9





Questions about coaching at the new facility?

Contact Athletics Ballarat
info@athleticsballarat.com.au